



## Benefits of a CSA

Community Supported Agriculture (CSA) is a way for consumers to buy local, seasonal food directly from the farmer. Consumers buy in to the farm as a shareholder at the start of the growing season and in exchange receive a weekly “share” of the farm’s harvest. Shares are picked up at a local distribution point each week throughout the farming season. This increasingly popular distribution method benefits the consumer, the farmer and the local economy. Consumers receive fresh local foods and develop a sense of community by establishing a relationship with the growers. The prepaid CSA arrangement benefits the farmer as a source of financial security while supporting the local economy and jobs. The environment also wins as Connecticut farmland is preserved.



## Seasonal Vegetable Variety

With over 25 different types of vegetables and herbs members enjoy seasonal variety



**Early Summer**  
broccoli , cabbage, cauliflower, lettuce, spinach, beets, snap peas



**Mid Summer**  
beans ,carrots, onions, peppers, tomatoes, summer squash, kale cucumbers, basil, fennel, leeks,



**Fall**  
winter squash, potatoes, brussels sprouts, pumpkins, peppers, onions

Shares for the 2011 growing season are \$495

All shares are sold on a first come first served basis.

## How it works

Each week mid June through mid October we harvest the ripe produce at the farm and bring it to our designated pick up location. Members arrive on their scheduled day and pick up their shares. Weekly emails notify members as to what their shares will include.

## Share size

A regular share feeds two vegetable loving adults generously or a family with small children. Larger families or families that enjoy cooking with fresh vegetables, canning or freezing may want to consider buying more than one share.

## Risk and reward

We take great care to insure that our harvest is reliable but there are factors beyond the farmer’s control (weather, pests, disease) that may impact the harvest. CSA members share in both the risk of smaller harvest or the reward of a bumper crop.

## Pick up options

If you are unable to pick up on the days offered, join with a friend or neighbor who can. Due to limited refrigeration capacity we are unable to store shares. Shares that are unclaimed will be donated.

## Become a shareholder

To become a shareholder, complete the application with your contact information and send to: [info@simpaugfarms.com](mailto:info@simpaugfarms.com) You will receive an email reply.

# 2011 CSA Application

Name.....

Address.....

.....

Phone.....

Email.....

Tell us the day that would be best for you to pick up your share

.....Tuesday 3:30-7:00pm

.....Friday 2:30-6:00pm

Would you be interested in a home delivery option for an additional fee?

Yes No

If yes, Tuesday or Friday

Thank you for your interest in joining our CSA. The information from above can be sent to [info@simpaugfarms.com](mailto:info@simpaugfarms.com). You will receive an email reply verifying receipt of your application.



Simpaug Farms is a 250 acre farm nestled in the Connecticut River Valley. This prime agricultural land is part of the Connecticut Department of Agriculture Farmland Preservation program thereby restricting its use solely for agricultural purposes. Preserving these acres protects Connecticut's vital farmland ensuring local food sources and local jobs.

Simpaug Farms is in the process of obtaining organic certification and uses both organic and sustainable farming practices. We are members of the Northeast Organic Farming Association (NOFA).

We are interested in connecting with like minded consumers who understand that locally grown food is fresher, tastes better, has less environmental impact and is good for the local economy. To this end we have established a CSA (community supported agriculture) and participate in both the Farm to Chef and Farm to School programs run by the Connecticut Department of Agriculture.



Simpaug Farms  
38C Grove Street  
Ridgefield, CT 06877  
203-431-7188  
[info@simpaugfarms.com](mailto:info@simpaugfarms.com)

# SIMPAUG FARM'S

LOCALLY OWNED : CONNECTICUT GROWN



Simpaug Farms  
invites you to  
join our CSA for  
the 2011 growing  
season!

